

READY · SET · GO!

PATIENT ENGAGEMENT MAP

Prepare Yourself for Discharge Note the phone number the follow up phone call will come from. Do you have the medicines you need? Do you have someone at home to help you care for yourself? Write down the home health agency name & number. Who can you call if you run into trouble at home? Do you need help connecting to community resources?



5. Help at Home

5.

Take Notes. Write down the care plan. Talk with your family caregivers and write down any questions for the next day.

4. Hospital Care Team

4.

Identify Care Team.

Ask your care team members to write down their names and roles (you may want to add physical descriptions).

3. Medication Changes

3.

Bedside Rounding. Write your questions down or record them on your phone to share daily. Let the staff know how you are feeling. Ask about changes in your medicines. Share any challenges you may encounter when you go home.

2. Your Family Caregivers

2.

Include Your Family Caregivers.

Ask your care team to include family caregiver.

1.

Before You Go to the Hospital. Ask your doctor or hospital staff what to bring and what to leave at home. Does your hospital have Bedside Rounds? How can you & your family participate? Is there anything you will need when you return home that you can set up ahead of time?

1. Share Your Current Medications

START
HERE

